

Registered charity: 1165035

mind of the
student

Fundraising Support Pack

Copyright 2023. Mind of the Student is a registered charity (1165035) in England and Wales.
Registered address: 3rd Floor, 86-90 Paul Street, London, EC2A 4NE, United Kingdom.

Thank you for deciding to fundraise for Mind of the Student.

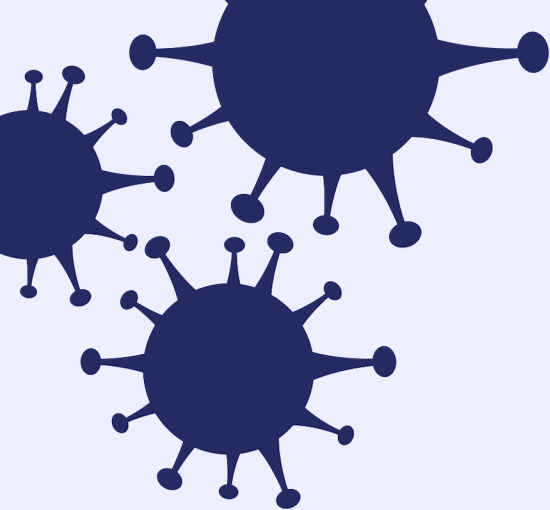
Everyone at Mind of the Student values your support and the effort that goes into fundraising.

We are so excited that you are joining our mission to improve young people's mental health. **You have our support every step of the way.**

We have created this guide to give you some ideas on how to fundraise in simple and yet creative ways. Through your support, Mind of the Student can continue visiting schools and delivering mental health awareness workshops, and community based programmes.

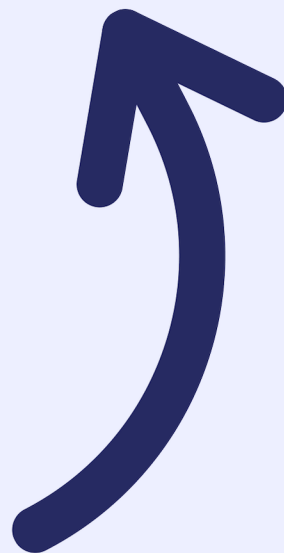
Many thanks for choosing us, and if you have any questions, please get in touch. Good luck, and have fun!

Mind of the Student Team



Since the COVID-19 pandemic, support for young people and their mental health is ever more needed. More young people are reaching out and speaking up on mental health topics.

Up to 1.5 million children and adolescents in the United Kingdom require new or additional mental health support as a direct result of COVID-19 and lockdowns.



Our mission is to improve mental health education within the schools we visit and provide students with tools they can use in their everyday lives to help when experiencing distress.

We're leading the fight for a future where all young people can be educated, supported and fight the stigma on mental health when in school.

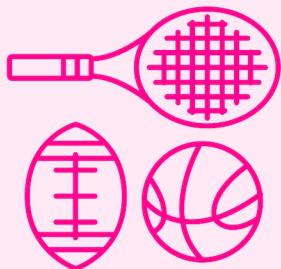


Fundraising Ideas for your School



Non-uniform days

Host a non-uniform day and charge a fee to raise money for a good cause. You could even choose a theme e.g. students could attend school dressed as their TV film character.



Sports Week



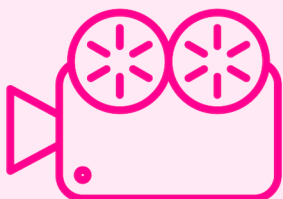
Challenge Events

This could be the 'Three Peaks Challenge' or a sponsored 10K run or walk. Safety first!



Talent Shows

Another fun way to fundraise is to host a variety talent show in your school or local community centre. This allows students to show off their hidden talents and have some fun raising money. Sell tickets to friends, family and teaching staff.



Movie Night

Host a movie night at school or in the community. Ticket sales and snack profit can all go towards your fundraising efforts.



Bake Sale

What helps?



60 minutes of
exercise a day



Sleeping
enough



Good friends
& family



Have a routine
your future



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I would like to make a donation to **Mind of the Student**



advancing mental health
education in schools.

Title:

Name:

Address:

Postcode:

Email:

Phone:

I would like to make a donation of £
to Mind of the Student

☐ Cheque ☐ Credit/debit card/Maestro

Please complete card details:

Start date: End date:

Card holder's name:

Signature:

Date:

Reason for donation:

If your donation is in memory of someone, please share
their name and relationship to you:

£15

will provide learning
resources to an entire
school, including lesson
plans and worksheets.

£30

will keep our website
running for a month, which
provides free resources for
students and teachers.

£250

will pay for two trained
workshop facilitators to
deliver a school mental
health workshop.

☐ I would like to receive emails from Mind of the Student, including the monthly e-newsletter, campaign updates and opportunities to get involved. I agree to the use of my data as outlined in your privacy policy. View mindofthestudent.org.uk/privacy for more information.

Please send your completed form and donation to:
Mind of the Student, 3rd Floor, 86-90 Paul Street, London, EC2A 4NE

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advancing mental health
education in schools.

Title	Full Name	Full Home Address	Postcode	Gift Aid	Amount	Date Received
Ms	Super Fantastic Sponsor	1, Mind of the Student Road	ABC 123	<input checked="" type="checkbox"/>	£10	01/06/2023
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
Total Received:						
£						
Overall Total:						
£						

Please send your completed form and donation to: Mind of the Student, 3rd Floor, 86-90 Paul Street, London, EC2A 4NE

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Amateur Sports Club (ASC) named above to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

reclaim 25p of tax on every £1 that I have given.

We're raising funds for



advancing mental health
education in schools.

Every penny raised goes towards advancing
mental health education in schools.

Event:

Date:

Time:

Location:

Contact:



Registered with
**FUNDRAISING
REGULATOR**

mindofthestudent.org.uk

This event is held in aid of Mind of the Student, a registered charity based in England and Wales (1165035)

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THANK YOU!

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