

Registered charity: 1165035

mind of the  
student

# School Fundraising Pack

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Registered address: 3rd Floor, 86-90 Paul Street, London, EC2A 4NE, United Kingdom.

## **Thank you for deciding to fundraise for Mind of the Student.**

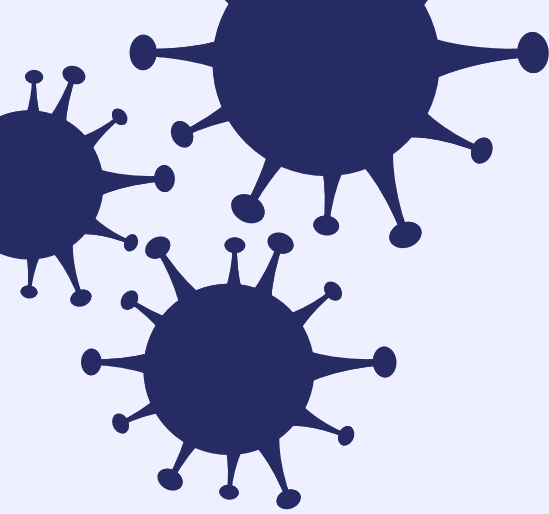
Everyone at Mind of the Student values your support and the effort that goes into fundraising.

We are so excited that your school is joining our mission to improve young people's mental health. **You have our support every step of the way.**

We've created this guide to give your school some ideas on how to fundraise in simple and yet creative ways. Through your support, Mind of the Student can continue visiting schools and delivering mental health awareness workshops!

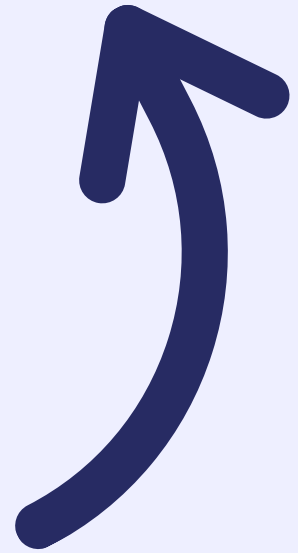
Many thanks for choosing us, and if you have any questions, please get in touch. Good luck, and have fun!

**Mind of the Student Team**



Since the COVID-19 pandemic, support for young people and their mental health is ever more needed. More young people are reaching out and speaking up on mental health topics.

Up to 1.5 million children and adolescents in the United Kingdom require new or additional mental health support as a direct result of COVID-19 and lockdowns.



Our mission is to improve mental health education within the schools we visit and provide students with tools they can use in their everyday lives to help when experiencing distress.

We're leading the fight for a future where all young people can be educated, supported and fight the stigma on mental health when in school.

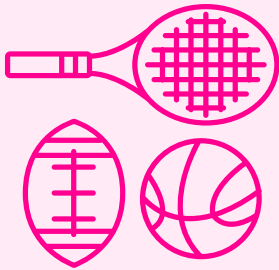


# Fundraising Ideas for your School



Non-uniform days

Hold a day without uniform and charge a fee to raise money for a good cause. You could even choose a theme e.g. pupils could attend school dressed as their favourite teacher!



Sports Week



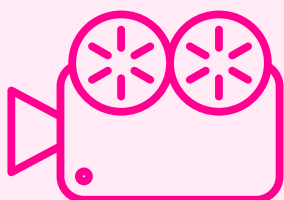
Challenge Events

This could be the 'Three Peaks Challenge' or a sponsored 10K run or walk. Safety first!



Talent Shows

Another fun way to fundraise is to host a variety talent show in your school. This allows students to show off their hidden talents and have some fun raising money. Sell tickets to friends, family and teaching staff.



Movie Night

Students vote on what they would like to watch. Ticket sales and snack profit can contribute to fundraising.



Bake Sale

# What helps?



50 minutes of  
exercise a day



Staying  
connected



Stress  
management



Mental health  
and self-care



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# I would like to make a donation to **Mind of the Student**



advancing mental health education in schools.

Title:  Name:

Address:

Postcode:

Email:

Phone:

I would like to make a donation of £ .....  
to Mind of the Student

Cheque  Credit/debit card/Maestro

Please complete card details:

Start date:     End date:

Card holder's name:

Signature:  Date:

Reason for donation:

**If your donation is in memory of someone, please share their name and relationship to you:**

**£15**  
will provide learning resources to an entire school, including lesson plans and worksheets.

**£30**  
will keep our website running for a month, which provides free resources for students and teachers.

**£250**  
will pay for two trained workshop facilitators to deliver a school mental health workshop.

I would like to receive emails from Mind of the Student, including the monthly e-newsletter, campaign updates and opportunities to get involved. I agree to the use of my data as outlined in your privacy policy. View [mindofthestudent.org.uk/privacy](http://mindofthestudent.org.uk/privacy) for more information.

**Please send your completed form and donation to:  
Mind of the Student, 3rd Floor, 86-90 Paul Street, London, EC2A 4NE**

Fundraiser Name:

Address:

Date:

Postcode:

If you are a UK taxpayer, please tick the Gift Aid box and provide your full home address including postcode below to make your donation worth even more. Mind of the Student will receive 25p for every £1 that you give - at no extra cost to you!



advancing mental health education in schools.

Title	Full Name	Full Home Address	Postcode	Gift Aid	Amount	Date Received
Ms	Super Fantastic Sponsor	1, Mind of the Student Road	ABC 123	<input checked="" type="checkbox"/>	£10	01/06/2023
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
				<input type="checkbox"/>	£	
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				<b>Total Received:</b>	£	
				<b>Overall Total:</b>	£	

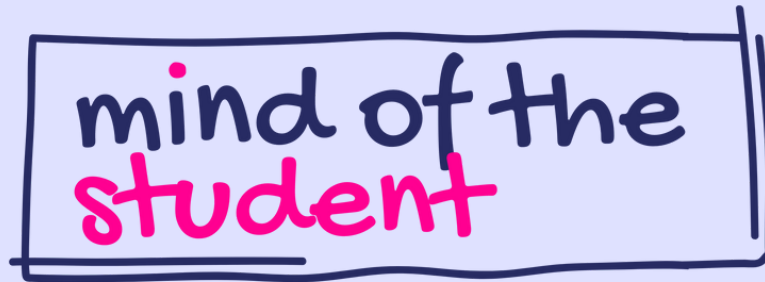
Thank you for supporting us!

Please send your completed form and donation to: Mind of the Student, 3rd Floor, 86-90 Paul Street, London, EC2A 4NE

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If I have ticked the box headed 'Gift Aid?', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity or Community Amateur Sports Club (CASC) named above to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

# We're raising funds for



advancing mental health  
education in schools.

Every penny raised goes towards advancing  
mental health education in schools.

Event:

Date:

Time:

Location:

Contact:



[mindofthestudent.org.uk](https://www.mindofthestudent.org.uk)

This event is held in aid of Mind of the Student, a registered charity based in England and Wales (1165035)



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THANK YOU!

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